



ΔΗΜΟΚΡΙΤΕΙΟ  
ΠΑΝΕΠΙΣΤΗΜΙΟ  
ΘΡΑΚΗΣ

DEMOCRITUS  
UNIVERSITY  
OF THRACE

DEMOCRITUS UNIVERSITY OF THRACE

DEPARTMENT OF MEDICINE

MASTER OF SCIENCE (M.Sc.) IN PRECISION  
MEDICINE IN THE DEVELOPMENT OF MENTAL  
HEALTH

ANNEX D1.3 QUALITY POLICY OF THE  
ACADEMIC UNIT FOR THE DEVELOPMENT  
AND THE ENHANCEMENT OF THE  
DISTANCE LEARNING PSP

APRIL 2026

# DEMOCRITUS UNIVERSITY OF THRACE



ΔΗΜΟΚΡΙΤΕΙΟ ΠΑΝΕΠΙΣΤΗΜΙΟ ΘΡΑΚΗΣ | DEMOCRITUS UNIVERSITY OF THRACE

Department of Medicine

**Quality Policy for the development and the enhancement of the  
distance learning PSP  
“Precision Medicine in the Development of Mental Health”**

April 2026

**QUALITY POLICY**  
**OF THE POSTGRADUATE STUDY PROGRAMME:**  
**“Precision Medicine in the Development of Mental Health”**

The Department of Medicine, in cooperation with the Quality Assurance Unit (QAU) of Democritus University of Thrace (DUTH) and the competent administrative services of the University, has aligned the Quality Policy governing the Postgraduate Programme “Precision Medicine in the Development of Mental Health” with the institutional Quality Policy and the Internal Quality Assurance System (IQAS) of DUTH.

The Postgraduate Programme “Precision Medicine in the Development of Mental Health” forms part of the strategic planning of DUTH, aiming to advance knowledge, promote research and innovation, and respond to educational, scientific, social, and developmental needs at national and international level. Within this framework, the Programme provides advanced postgraduate education and specialisation in the field of Mental Health, building upon the academic foundations of first-cycle studies and responding to contemporary developments in the discipline.

The Programme is delivered through a blended learning approach combining in-person (23%) and distance learning methodologies (77%, including synchronous and asynchronous modes) and is committed to implementing a comprehensive Quality Policy that safeguards its academic identity and orientation, supports its academic objectives and learning outcomes, ensures the effective achievement of its strategic goals, and promotes continuous improvement across all aspects of its operation.

**Programme Design and Learning Outcomes**

The PSP designs, reviews, and continuously improves its curriculum through transparent procedures and with the involvement of relevant stakeholders, ensuring that it:

- Addresses current scientific, professional, and societal developments in the field of “Precision Medicine in Mental Health”, with emphasis on psychiatry, genetics, and translational neuroscience.
- Achieves clearly defined learning outcomes and qualifications, as specified in the course descriptions, aligned with the European Qualifications Framework for Higher Education.
- Promotes advanced knowledge, research, and critical thinking in precision psychiatry, psychiatric genetics, developmental psychopathology and translational neuroscience.
- Provides students with a coherent and comprehensive understanding of the integration of genetic, neurobiological, clinical, and digital approaches for the diagnosis, prevention, and personalized treatment of mental health disorders across the lifespan, appropriate to postgraduate level study.

### **Quality Assurance of Teaching and Learning (Distance Learning)**

The PSP implements quality assurance procedures in full alignment with the Quality Policy of the Department and the University by:

- Selecting teaching staff in accordance with applicable legislation and academic criteria relevant to Precision Medicine in Mental Health, including psychiatry, genetics, and translational neuroscience and with proven experience or training in delivering high-quality online and blended learning.
- Systematically evaluating teaching through semester-based student feedback.
- Participating in internal evaluation processes coordinated by the QAU-DUTH.
- Employing a variety of distance learning pedagogical approaches and digital teaching methods, with emphasis on student-centred learning, interaction, and active engagement.
- Utilizing digital platforms and tools, including learning management systems (LMS), virtual laboratories, collaborative software, simulation tools, and online assessment platforms.
- Ensuring accessibility of digital resources, supporting students with disabilities, and promoting inclusive learning.
- Monitoring student progress and providing academic and pedagogical support throughout the duration of studies.
- Encouraging student engagement in research dissemination activities relevant to precision psychiatry, psychiatric genetics, and translational neuroscience, including publications and conference presentations.
- Implementing academic advising mechanisms to support students academically and administratively.
- Promoting a culture of respect, cooperation, transparency, and inclusiveness, while applying established procedures for student complaints and objections management.

### **Research, Academic Development, and Staff Support**

The Programme supports the quality and impact of academic and research activities by:

- Encouraging collaboration within the University and with external academic and research organisations in the field of Precision Medicine in Mental Health, including psychiatry, genetics, and translational neuroscience, nationally and internationally.
- Supporting participation in national and international conferences, research projects, and academic networks relevant to the Programme.
- Promoting academic mobility and professional development of teaching staff.
- Encouraging high-quality research output with international visibility and recognition.
- Facilitating the integration of research activities into distance learning modules to provide students with hands-on experience and applied knowledge.

### **Student Services and Learning Support**

The PSP:

- Ensures students have equitable access to academic supervision, mentoring, and feedback comparable to on-campus students.
- Provides access to digital libraries, databases, and specialised software tools relevant to the Programme's discipline.
- Promotes student well-being and engagement through online orientation and regular communication from faculty and administrative staff.

### **Integration, Employability, and Capacity Planning**

The PSP:

- Promotes the integration of teaching and research within the academic scope of the Programme.
- Monitors graduate employability and disseminates career-related information relevant to professional and academic pathways in precision psychiatry, psychiatric genetics, clinical mental health, translational neuroscience, and biomedical research.
- Determines student intake in accordance with available academic staff, digital infrastructure, and support services, ensuring the provision of high-quality distance education.

### **Transparency, Information, and Continuous Improvement**

The PSP:

- Ensures quality across all levels of Programme operation and undertakes systematic actions for continuous enhancement.
- Publishes the Programme's Quality Policy on its official website and communicates it to all relevant stakeholders.
- Maintains and regularly updates the Programme website as a reliable source of information for current and prospective students.
- Reviews digital tools, teaching practices, and student feedback regularly to improve distance learning effectiveness, engagement, and accessibility.

### ***Planning of objectives and actions of the PSP programme***

For the planning of actions, the PSP has drawn up quality objectives in accordance with the HAHE model, which includes strategic objectives, with the corresponding quality objectives, the required actions, those responsible for their implementation, and the corresponding timetable.

### ***Ways to Communicate the Quality Policy***

The Quality Policy of the PSP "Precision Medicine in the Development of Mental Health" is publicly available at: <https://precision4mh.med.duth.gr>. New students are informed about the Programme's quality policy during the welcome ceremonies for undergraduate and graduate students. It is also communicated during contacts with the local community and medical associations in cases where activities are organized with professional bodies, during the presentation of research results.

More specifically, the following methods are used to inform the public about the activities and actions of the PSP:

- The official website of the Department of Medicine (<https://med.duth.gr>) and the PSP “Precision Medicine in the Development of Mental Health” (<https://precision4mh.med.duth.gr>)
- The DUTHNET eClass asynchronous e-learning platform (<https://eclass.duth.gr/>) used by faculty members and students enrolled in the Department of Medicine.
- The Electronic Secretariat platform ([Sign in to Universis](#)) used by faculty members and registered students.
- The websites of DUTH structures such as the Careers Office (<https://career.duth.gr/portal/>), the Innovation and Entrepreneurship Unit (<https://epixeireite.duth.gr/>), Europe Direct (<https://europedirect.duth.gr/>), and the DUTη Alumni Association.
- Publications in the local press.
- Interviews and reports in the local media.

Printed material is also distributed to students and other participants in all academic events of the PSP and the Department of Medicine as well as in the scientific events of the student association. All printed material is also available in digital form on the website of the PSP and is available at the Department's secretariat. Finally, information on the department's events and research activities is available on the department's notice boards and in the student reception area outside the secretariat of the Programme.